



# VIDYA BAL BHAWAN SR. SEC. SCHOOL

(Recognised & affiliated to C.B.S.E.)

Saptarshi Raj Path, Mayur Vihar-III, Delhi-110096

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Ref No.: VBBSSS/

Date: 05-05-2025

## Circular for Parents/Guardians

**Subject: Participation in Self Defence Summer Camp (Organized by Delhi Police – SPUWAC)**

Dear Parents/Guardians,

We are pleased to inform you that the **Special Police Unit for Women and Children (SPUWAC)** of **Delhi Police** is organizing the **21st Self Defence Summer Camp** for **girl students, Mothers & women**, to be held at our school premises: The detail of the summer camp is under: -

**Registration Details: On-spot Registration at School** : 6th May 2025 to 16th May 2025

Time for registration

: 10:00 AM – 04:00 PM

: **Online Registration:** [www.spuwac.in](http://www.spuwac.in).

Training Information:

**Duration** : 27th May 2025 to 10th June 2025 (Except Sundays)

**Timings** : 08:00 AM to 10:00 PM

**Venue** : Vidya Bal Bhawan Sr. Sec. School, Mayur Vihar Phase-3

The camp will focus on imparting **basic self-defence techniques** using everyday items like a dupatta, pen, handbag, etc., and is designed to **empower girls and women** by training them in practical martial arts and awareness methods — all **free of cost**.

### Who Can Participate:

- Girl students of our school & other school girl (preferably Classes VI and above)
- Mothers of the students & house makers women
- Female staff members

Additionally, the program will include a **30-minute Nukkad Natak** and a **Gender Sensitisation Session** for all participants. We encourage you to allow your daughter or any female member of your family to actively participate in this unique and meaningful training program. Your cooperation and support in ensuring their safety and empowerment are highly appreciated. Interested girl's student & the mother of the students registered their name to the **SPUWAC staff in the school premisses**.

For further information, please contact the school office or reach out to SPUWAC at **011-20865499**.

Warm regards,  
Principal

**Consent for Participation in Self Defence Summer Camp (Organized by Delhi Police – SPUWAC)**

I \_\_\_\_\_ mother/sister/relative of \_\_\_\_\_  
Class & Sec. \_\_\_\_\_ interested to participate in the summer camp in the school from 27th May 2025 to 10th June 2025.

Date \_\_\_\_\_

Parents Signature